

Finding Boaz

And Keeping Him Happy



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About the Book:

Having already published a few books targeted to men in the past, this time I wanted to pen a work that is directed to women. The woman that desires to find her ultimate man; the man of her dreams. I've drawn the character from the biblical character Boaz and painted him as a mythical character who has all but supernatural powers to change a woman's life.

In the real story of Ruth and Boaz, Boaz is a wealthy landowner who encounters a woman that is working in his fields and he is smitten by her. The intersection that the two meet on is one that is used as a backdrop for many romances. (Rich guy meets a poor woman and falls in love with her). But this romance was one that has taken on a life of its own, throughout all of history.

And the story has often been pitched as one with a man who finds a lady who is catapulted into wealth and a life of ease, meteorically. It is one of the greatest come up stories ever told. However, there is much more to this narrative than that of a person marrying into wealth and prosperity.

The depiction also gives us some insight into the mindset of the woman who would ultimately capture the heart of her knight in shining armour, who is Boaz. The story also gives us the reason for the purpose of their connection and that is for the 16th generation of the forerunners of Jesus, to meet in the most uncommon place. A field where a proverbial King choses a lowly subject to wed.

This is the way of God. He chooses the least likely person to be catapulted into royalty and into power. Such as with Boaz's grandson David, who was a lowly shepherd boy, turned King.

The story is also a narrative for understanding how people from different backgrounds and cultures can dwell together in harmony and in love. Despite their religions and despite the economic statuses.

The context that Ruth and Boaz meet are also notable. Ruth has found herself in a position where she is being humble and loyal to her mother in law, after having become a widow. Ruth is a widow as well, and has chosen to remain with her mother in law, rather than seek another husband back in her home land.

Ruth's demonstration of her commitment and her loyalty to her widowed mother in law, is rewarded by an encounter and a marriage to the man of her dreams. This pattern of being blessed by God for our good works, is a hallmark of the work of God .

The main characters Ruth and Boaz are used figuratively and sometimes satirically here, to illustrate the way that a woman would find and prepare herself to meet and to maintain a vibrant and flourishing love relationship with her God given King (Boaz).

The sequel to Finding Boaz (finding Ruth), illustrates how a man would find and prepare himself to meet and to maintain a vibrant and a flourishing love affair with his God given Queen (Ruth).

Preface:

Boaz.

The Wealthy Landowner.

(The book of Ruth).



The real Boaz is a Jewish man that lived over 3000 years ago. I wanted to depict him as a man that any woman could relate to, culturally, socially, class, etc. Boaz represents a paradigm shift in Ruth's life and similarly so does your God given Boaz, in your life as well. I wanted the character to be desirable and relative to any woman. Hence all of the cultural, religious and fraternal nuances and symbols that I've incorporated in the drawing...

Chapter: 1) Have Mercy On Boaz

When we consider the day to day psychological and often physical assaults that occur on black men throughout history and when we contemplate all that our husbands, our fathers, our sons, our nephews, our brothers, our uncles, our cousins, our fellow soldiers, our classmates, our pastors, our deacon's, our colleagues, our fellow parishioners and our friends have endured just to have a seat at the table and just to be able to have a level playing field to work to achieve their goals and aspirations, or just to raise his daughter in this hostile terrain that is America; the Trump era, it should evoke a spirit of compassion, love and understanding for their struggles among black women.

Struggles and trials that they have endured that have cultured them differently and uniquely comparable to their white contemporaries.

So, for God sake have mercy on your Boaz.

Black men's lives and their experiences cannot be viewed through the same lens of their white contemporaries. My brother's lives haven't been beds of roses. With regard to economic opportunities, disproportionate instances of incarceration for black males, divorce and their general mental, spiritual and physical health.

There are numerous studies available on the subject matter that correlate to the mental scars that exist in the subconscious minds of black men in America that stem from the *cultural traumas that their ancestors have endured that have transcended into generational curses.*

These characteristics and patterns typically manifest themselves as marriage and relationship dysfunction, hypertension, and obesity, type two diabetes, depression, etc.

Subsequently, the black race has had an entire generation of what would otherwise be, productive black males that are either dead, incarcerated and or drug addicted. These would be grandfathers and fathers that will never get to care for, lead or nurture their sons and their daughters.

These are oftentimes the same men that show up in our sisters and daughters, our aunts and our mom's lives ill prepared to function in a marriage effectively and intuitively. Largely because many of them simply haven't had the benefit of being shown how to, on a day to day basis by his own father.

This dynamic of dysfunctional black men replicates itself over and over again and generation after generation. Although there have been significant advancements and resources established to assist black men with their psycho social plagues, there is still a long way to go in the healing process of black men and the black family at large.

Given all the information available and the statistical data that exists to support my assertion, you'd expect that black women would be more receptive to engaging with black men as normally as they would with their white contemporaries. But all too often and more often than not, they are antagonistic and even sometimes unnecessarily hostile toward black men. Notwithstanding, when it's warranted, because many black men give black women plenty of reasons to take that posture, automatically.

I've heard and sometimes seen this sentiment expressed by white women also; with examples of them clutching their purses when a black walk's by them. Or they may clench their jaw unconsciously and look upon the black man with disdain, hoping to deter the perceived would-be perpetrator from acting upon some potential crime that they perceive that he has rendered in his mind and is going to do to her.

So the question becomes, is an auto response a sign of the presence of much deeper resentment and or phobia's that are triggered by the presence of a black man in close proximity to them? And, what is it about the presence of a black man who isn't a celebrity, that makes black women feel intuitively and instinctively suspicious of them?

In my opinion, when these patterns are perpetuated by black women it is often because she has at some point had a bad experience with a black man or men or even over her lifetime.

But, it could also be that their auto responses could be a result of deep rooted perceptions of black men that have been implanted into their subconscious, covertly by a force that is ultimately bent on keeping black couples disengaged and separated?

I allude to this dynamic in my novel, *Avoiding Divorce: 101. For Black Men*, which is the practice of divide and conquer. Which is one of the psychological wars that was utilized by slave owners to control their slaves, by influencing their black women slaves to view their black male slaves as less than a man; less than her king.

In the commentary published by Willi Lynch, he describes in graphic detail, one of the methods used to instill the idea in a female black slave that her husband was less than a man and only another one of the master's property was to sexually assault her, as often as possible. Metaphorically speaking, as a form of a preverbal psychological whip.

When you consider the agony of a black man watching his wife raped repeatedly by their master at some point the results will be both devastatingly effective in breaking the will of the slaves and to simultaneously animosity between the black slave couple. Now you've created a slave man who holds contempt in his heart for his wife and he is powerless to do anything. His anger and pain is transmitted as resentment toward his wife, and is rendered in many forms.

His wife carries an even more sinister form of resentment for her husband, because now she feels as though her husband doesn't have the courage to fight for me when Massa calls. Perhaps she feels as though her husband in some sadistic way enjoys having another man with his wife.

Now, she feels that her husband is anything but a man; and that he is a coward. She feels that he won't fight her. She feels that he isn't man enough. She feels that he isn't of the majestic lineage that his ancestors were. She feels that he is incapable of taking care of her.

As a result, she develops a false sense of independence that has been triggered by the idea that she has to be, because she has to. It is Willie Lynch's best practice, (how to make a slave), personified.

In the enslaved black man's mind, he could even have begun to believe that his wife could actually have prevented the occurrences. He could begin to believe that somehow that his wife enjoys or that she even encourages the actions. In any case, the point is that these psychological poisons and mechanisms that have been embedded into the minds of black people and that have extensive damage, exist and persist.

These misogynist, patriarchal practices are still prevalent in America today. You need only look to the media for proof of this; in instances such as the me too movement. You need only look in your office, your church, your doctor's office, the grocery store, the auto repair shop, your hair salon and God forbid your own home.

The patriarchal, misogynist hypocritical men, have planted seeds in the minds of black women to make them automatically distrust black men. These are the same kind of men who would have been the same ones who would have stoned the so-called adulterous woman that Jesus rescued from being stoned.

These are the same kind of men that altered the content of the bible to accommodate slavery; orchestrated by Constantine. The kind of men that have fostered the perceptions in the minds of black women to not naturally assimilate with black men.

The root causes of the breakdown between black men and women are the result of cultural traumas that our ancestors endured, that have transcended into generational curses; largely psychological that sometimes manifest themselves into physiological problems.

So let's get back to Jesus and his arrival as the King of the Jews and the saviour of the world. When we consider the expectations of the church and the culture at that time, they were expecting a King who was going to reestablish Jerusalem and restore them to power and independence from Rome. The prophecies about the Messiah had been anticipated and expected to come.

However, Jesus came in the form of a humble man whose ambition was not to restore Jerusalem in a sense, it was to restore humankind's relationship to God. The High Priest, the church completely missed the mark. Instead of accepting Jesus at his word and what he proclaimed they rejected him and despised him. In fact, they saw Jesus as a threat to the church and to their way of life. They interpreted the one who would save them as a perpetrator of evil, and subsequently they developed a plot to undermine and kill Jesus.

I cannot help but draw the correlation to the story of the crucifixion and the events leading up to it to that of a misunderstood black man in America. Black people are the chosen ones to carry the message of healing and restoration to the country and to the world at large. Yet, black people are the ones who are despised and marginalised; just as Jesus was.

The church set in motion a plan to eliminate Jesus and to stop his ministry of healing, psychological bondage and physical healing. These were all attributes that Jesus preached and ministered to masses and these are the same characteristics of God fearing and loving Nubian Kings and Queens.

Yet, we have been set at odds with one another and often miss the mark when it comes to being receptive to black men, a black man that might be your Boaz.

Is it possible that we perceive that the black man that has crossed our paths the same way that the church did with Jesus? Could it be that because Jesus didn't come in the way that the church expected him to, that we perpetuate the same prejudgment towards black men in the same way?

After all, Jesus didn't come riding in a Bentley, he came riding a Honda. He didn't come through the clouds on a white horse, he came riding a Donkey. And so the question becomes, do black women automatically reject a black man who could very well be Boaz, because he's riding in a Honda and not a Bentley?

The inference that I make is that sometimes black women may inadvertently reflect an automatic response of pessimism and towards black men, that stems from perceptions that have been imbedded into their minds over years of receiving and being exposed to negative images and news about black men which is often unsubstantiated and simply an imaginary idea, not dissimilar to a belief in Santa Clause.

Hypocritical, patriarchal, misogynist, xenophobic, homophobic, antisemitic, pseudo Christian, Evangelical, N.R.A. and G.O.P. affiliated crusty old elitist men, have propagated this warped and perverse ideology in black women for the purpose of controlling them and they perpetuate it in the minds of white women for the purpose of preserving their race. Because of their ridiculous presumption that their race is dissipating and being diluted by black males. The fear of black males disrupting and diluting the white race has been resonating in the minds of white males for centuries.

The ideology that black males will somehow overtake the white race through sexual propagation is preposterous and demonstrative of the evil imaginations that they maintain in their hearts and in their minds.

This ideology lends itself well when you're trying to instill a tainted and a negative impression of black males into the minds of white women, but in black women it's even more destructive because it can potentially prevent blacks from coming together and also staying together, ensuring that the Divide and Conquer initiative is maintained.

But let's get back to Jesus and his ministry which lasted about 3 years. From the time that Jesus was 30 and until his crucifixion there was about 3 years. 3 years to cultivate his ministry and to build a following of believers and disciples.

During this time period Jesus had gone from the status of just being a carpenter's son to that of a proverbial rock star and also a threat to the church. His base was loyal to him and they loved him and they believed the words that he said.

But Jesus was humble. Jesus was meek and lowly yet full of strength and integrity. His faith and his testimony were put to the ultimate test. Those that loved him would risk being ostracised when they received the gifts of healing that he possessed and offered freely to any all who would believe him and have faith in it; although he was the son of a carpenter.

Is it possible that Jesus would have been accepted by the church had he entered as a conquering King? Would the church have received him had he been clothed in Royal garments and carried a sceptre? Could Jesus have been automatically invited into the hearts and minds of the church if he'd been from a notable pedigree?

So where am I going with this? Is it possible that women automatically are put on the offensive not only because of the negative ideas that hold in their hearts and minds about black men, but could it also be due to their perceptions of that black man or men, because of their appearance and the lack there of a pedigree or notable background?

So, your potential Boaz shows up in your life having just lost his job, what's your response to his request for a date? Or, he's just getting past a divorce and he emails you and asks for a date, what do you do? Or let's say that the brother has just gotten out of prison, and you bump into him at the store and a conversation begins with him. Do you give him your phone number?

Is your posture the same as those of the early church, or is that of the true followers of Jesus, who trusted him at his word and believed that their faith would manifest into the thing that they believed for? Would your posture be like Caiaphas and the church that perceived and judged him to be a threat? Would you prejudge this black man and automatically throw him into the pile with the rest of the refused one's? Or, will you forgive Boaz?

He hasn't shown up on your doorstep with a Bentley. He hasn't come without challenges and he hasn't come to you without needing to be loved and to be comforted. And you're worn out from helping brothers. And you're tired of black men begging you and needing your help.

But, how do you know that he isn't Boaz, without taking the chance to find out if you automatically discard him and kick him to the curb?

You are at a point in your career that you've always wanted to be and he's a mailroom clerk, hitting on you. You're an executive and he's a retail store salesperson. He doesn't have the refinement that you do and he doesn't have the background that you do. He doesn't live in the world that you do and you don't know how he'd fit into the world that you live in. And you're asking yourself, "How do I explain him to my parents, my church, my children, my girlfriends?"

What you do know is that when you look into his eyes, you see a passion and a burning desire to do better. You see his potential. You see his capacity to connect with your teen-aged son. You see in him with the potential to love you and to protect you. You see the raw materials in him that the people that loved and followed Jesus saw in him.

You see tenderness; you see brokenness. You see his willingness to give you love and respect. You see his flaws and you see his failures. But, you look beyond his faults and you forgive him for being in the situation that he currently is in. And you realise that he could dig himself out the hole, with a little help and attention. And then you forgive yourself for judging him rather than showing compassion on him.

Then you realise that your blessings were available to you at the hand of someone else and also that he may not have had the same opportunities that you did. And then you ask yourself, could this man have been the father of my children?

You have the bandwidth to deal with it. You have the tenacity and the strength to handle the risk of this black man who doesn't look like the Boaz that you envisioned. Don't crucify Boaz; forgive Boaz.

Chapter: 2) Making Room for Boaz in Your Heart and Mind.

My grandmother used to say, “timing is everything.” I heard her say this many times over years of my life and youth and like many things that elders in your life had said to me it didn’t resonate until the first time I became aware of the reality that I was in a space in time that I was supposed to be

I’ll take the risk here of delving into the metaphysical; as I am a believer and a great fan of the spiritual laws that exist in the realm of the supernatural. I believe that it is possible to meditate on something so long and so intently that you will eventually walk into that reality that you have believed for.

To those who understand the power of prayer this won’t sound like something that they haven’t heard before. And that is the point. We’ve heard over and over again to pray and to seek the Lord and to pray in Jesus’s name for the things that you desire. I’m not suggesting that this is wrong, I have learned from experiences that prayer to God is the method for getting my petitions to the very footstool of God.

However, prayer is often unilateral in that you are projecting your supplications and making requests. Meditation is bilateral. It involved the sending and receiving of metaphysical data through fields of data streams that exist in what is called in some cultures as, the ether.

The ether is always on and it's always there like the Internet. But you have to be connected to it to be able to receive the exhaustive catalogues of virtual data that are stored in cyberspace.

Conversely, when my mind and my heart are opened to tapping into higher fields of consciousness that can trigger the results that I desire, then I become aware of the potential that exists to render my thoughts and desires from the metaphysical realm, into the physical realm.

I've seen and I've done it time and time again; this book is an example of it. I am rendering my thoughts that started with vibration and or insight or an epiphany that started as a spark. A synaptic response in my physical brain that started in the cosmos and is now being disseminated into the physical realm in the form of a book.

Now, the question is what does any of that have to do with finding Boaz? The thing is that new information is only useful when it's leveraged to evoke change or reformation of the way that we think about the way that we go about bringing the things that we desire into our lives.

Sometimes it is easier to achieve the goals that we want because of the necessary preparation that we've made to get to that place earlier than others. It is vital that we go through the processes of building the foundations and the mental framework to support the blessings when they enter our lives.

Now in the context of Ruth making room in her heart for Boaz, I am referencing her mindset at the time. Ruth had been advised that Boaz was the owner of the field that she'd been working in. She'd also been advised that Boaz wasn't married. Ruth would have been well aware of the cultural nuances and customs that existed with regard to courting a man.

That part was relatively simple; there wasn't any essentially. When a man chose a woman then, she typically went along with his ambitions to have her. All a man needed to do was make her father aware of his interest in his daughter, and offer some exchange for her, essentially, buying her.

Ruth is aware of the opportunity that exists and she seizes the moment and begins to put herself in a position to be noticed by Boaz. Good on her! I am of the opinion that she saw herself as Boaz's wife from the time that she was made aware of who Boaz was and his capacity. She laid out a plan in her mind to get him to notice her. I'll go deeper into some of the techniques later in the book.

Ruth has stepped out in faith and as a result becomes a conduit for the supernatural to occur. She has aligned herself with an intention that was already ordained for her life. And that was to become the great grandmother of Jesus.

In waiting at the feet of Boaz Ruth cony's her shrewdness, which is only superseded only by her display of humility. She lays at his feet making herself vulnerable to Boaz's possible rejection and to his possible ridicule of her having invaded his space and for being so presumptuous.

Ruth demonstrates her willingness to serve Boaz, with her acts of humility and also in her observance of Jewish customs that prevailed at the time. She doesn't need to flaunt her beauty, she doesn't need to display her pedigree, and she already has Boaz on the hook. Her resources are irrelevant now and her background means nothing to Boaz. It isn't a time to boast or to flaunt her skills or brag about the men who wanted her back in Moab.

Ruth needs Boaz and she realises that Boaz needs a wife. So Ruth surrenders herself and she allows herself to step into the unknown. She embraces the **condition** that is the need that she and Boaz both share. She transcends into the supernatural and metaphysical realm that affords her spiritual being to merge with her mind, to open herself up to the miraculous happening.

Ruth is illustrating how to turn her sense of urgency into a tangible resource; and that is determination. She is relentless and laser focused on getting results. Boaz is going back tomorrow, and she knows that she has to be ready.

But how to entice him and how to attract him? How to get and to keep Boaz? The level of creativity and tenacity that she'll need to initiate is already within her. It just needs to surface to be utilised.

Yet, she has to observe the customs. She cannot come on too strong, although she is a strong woman she knows when to put her proverbial penis away. All of her ideas and perceptions about what people will think go out of the window because Boaz is coming.

It was time to change gears and it was time to dig deep into her subconscious mind for an appropriate response to the dilemma. Ruth needs the help of her ancestors. She needs to use that black girl magic of hers. Boaz is coming and she needs to draw him into her vortex. She needs a rhema word from on high.

All that old school dogma and rhetoric goes out of the window. Boaz is coming and he represents a game changer. **Ruth opens her heart and her mind** and takes the risk; the risk of being ostracised. As a result, Ruth finds herself at the perfect place and at the perfect time to receive her blessing and also to fulfil her destiny.

But she didn't know the outcome; she believed that things would go her way through. Through the power of intention and by aligning herself with the will of God. Ruth was able to get past her pride and ego and her fears and apprehension to be able to allow her heart and her mind to be open to receive the blessings that had already been preordained for her and only for her.

And in the end she realises that all the trials and tests, all the pain and all of the discomfort that she'd been through was all necessary, just to get her into the field of consciousness that she needed to be in to receive and to capture the intention of God. For the will of God to be performed. And that was to bring Jesus forth.

In a natural man's mind when a woman shows her willingness to serve it is a strong indication to him that she is capable of serving him and being loyal to him. In Boaz's mind, Ruth had opened her heart, her mind and her body to him. She'd sent a signal to Boaz that I am yours, forever my King.

We'll explore Ruth walking into her destiny and fulfilling her assignment in life in the next chapters.

I have a short excerpt from a previous book that I'll insert here. I think it illustrates what I was trying to convey in the chapter.

Imagine being in exactly the right place and at the right time, to receive a tremendous blessing. One that you could never have imagined, even in your wildest dreams. Being in a perfect little time in space. And at just the right moment, to be where you should be to walk into the blessing. And you realise that your fortune is unfathomable. And too much to believe it's true.

Then you consider all the Hell you have been through. And then you realise that all the Hell was somehow necessary to get you to this one place, in time. And at this one moment in time. Just to receive the perfect gift from GOD's hands, that was intended just for you. And you have made the right decision, out of all the bad ones, just then to be able to receive his gift to you.

You are standing in the gap between missing your GOD given blessing, and missing the opportunity to gain what he has in store for you. All the pain you've suffered, has now been turned into a blessing for you. And suddenly you understand how necessary it all was.

You understand that it was all designed to build your character and to show you how to be humble. It was all part of God's Divine plan. GOD had used the anguish and the pain that you went through, with the blessing being the end result. (Beauty for Ashes). And now, it is apparent that the valley experience has begun to end.

Then you feel that your trial has ended, and that your burdens are finished. The wait is over and it is time to feel good again. And maybe even time for you to love again. This was how it was Ruth's first encounter with Boaz. He'd walked into her life, just when she needed him the most. Surely, Boaz was from heaven above she believed.

She couldn't have asked for a better man. He was perfect for her, in all his ways. Everything about him appealed to her. He had all the qualities that she admired and that she wanted. He had everything in place already and he was ready to love and care for her.

And Boaz it seemed had been cultivated, just for her. She knew that she'd met my soulmate now. And this was now her new reality. And she was in this place where she asked GOD, why me Lord? Why me Lord?

Then she began to understand the concept of grace. It is an unmerited favour and a kind of a covering that affords goodness that sometimes comes in the form of a Boaz, when a woman opens our hearts and our minds to him.

Chapter: 3) Getting Boaz's Attention.

A simple and tertiary piece of advice to offer women here is to remind them that men are visual creatures and that they are beasts of habit. Their pursuits for women are triggered primarily by what they see. And their methods for obtaining the relationships that they desire are relatively the same and are also primal in nature. No matter their cultural background, their resources or their age.

It is relatively the same. He knows that he needs to present himself as being able to provide for the basic needs that a woman has. And those core values are emotional, financial primarily. If he can impress upon the woman that he desires that he is capable of performing these basic and fundamental deeds, his chances become favourable in achieving an intimate relationship with her.

But when it comes to getting the attention of Boaz there are several things to point out if you're going to attract Boaz. First and foremost, we are talking about Boaz and not just any guy. Boaz has a tremendous purpose in life to fulfil and if you are going to be a part of that destiny with him, then you must first recognize who Boaz is.

Boaz is the great grandfather of King David and one of the most significant figures in the bible. Jesus is the direct descendant of Boaz and is 14th in the line of the lineage. Consider the gravity of the plan of God in who the wife of Boaz is then you realise that you cannot employ typical methodologies for attracting Boaz to you.

First of all, Boaz doesn't need your money. Boaz doesn't need your financial support to attain the things that he desires. If you recall from the story; Boaz was already wealthy. Indeed, Ruth was the one that was near destitute.

Boaz would've had his choice of damsels and maiden's yet he chooses Ruth. He makes a conscious decision about choosing Ruth and isn't because of money. Your financial status will not attract Boaz but how you achieved it will impress him. I'll expand on this aspect of impressing Boaz later in the book.

It isn't the things that you have that will attract Boaz to you, it is the preparation and the effort that you are making to improve yourself that will attract your Boaz to you. Here I've outlined 3 main aspects that will attract your Boaz to you:

- 1) What a man sees.***
- 2) A man's attraction to you is triggered by your vibrations. (Energy).***
- 3) A man's attraction to you is triggered by your beautiful and resourceful mind.***

4) What a man sees – Men are visually stimulated. Your physical appearance registers in their consciousness when he likes what he sees. Your physical stature, shape, contours, grooming, attire, etc., all make an endearing impression on him.

We know from the text that Boaz is impressed by Ruth's physical beauty and persona. She is a Moabite, a Nubian. Her African features appeal to him. Ruth is aware of her ability to captivate Boaz's attention, simply by being black.

She is voluptuous, her lips are round and her hair is thick and curly. The hue of her melanin skin absorbs the warmth of the Mediterranean sun and reflects it back onto Boaz. She is the daughter of Sett, and mother earth.

Another thing that men unconsciously take notice of is a woman's capacity to bear children. Boaz perceives that Ruth is fertile and that she will make a wonderful mother, just from him observing her curvy Moorish frame. She has him hooked. It's that old black girl magic.

5) Your Vibrations (Energy) – When a man encounters a woman being busy and productive it instils in his mind that she is ambitious and goal oriented. I'll take the risk here of sounding borderline cliché and philosophical but when you're spending time maintaining your health and fitness level, it speaks volumes to a man about what you care about in life.

Generally speaking, men value women who take good care of themselves physically. In the context of Ruth and Boaz, Ruth is doing physical labour and she can't maintain the level of productivity that is required to work in the fields unless she does.

Conversely, the modern day woman needs to be physically fit to manage all of the challenges that this Western world will throw at her. Everything from taking care of children, working, and in some cases managing the well being of their ailing and ageing in-laws.

Remember also; men are visually stimulated and when Boaz sees you working out and staying in shape it becomes an endearing image to him. Such as when you're on the treadmill or on an elliptical machine. Rest assured that Boaz is paying attention.

If there's one thing that Boaz will notice is when you're not in good physical condition. Boaz will notice that you're a sedentary worker in an office who doesn't work out and has arms that are physically weak.

By contrast to Ruth, who has been in the field's remaining fit, which has hamstrings that are developed and strong and shapely from being physically active. The woman who sits all day and doesn't attend to her body is going to be noticed by Boaz also, but will be passed right on by him.

6) Your beautiful and resourceful mind.

Boaz loves to connect with women that are intriguing and mentally stimulating. Boaz is a real estate mongrel who collaborates with all kinds of people throughout the land and has various professional backgrounds.

Boaz needs to be able to dialogue with a woman that is conversant on many different subjects. Boaz needs to be able to tap into your beautiful mind to advance his business and career.

Boaz wants a woman that will compliment his lifestyle and his intellect. Boaz needs to be able to chat with his wife about anything from food to politics, media, religion, technology, science, flowers, furniture, etc.

Boaz has an exhaustive mental database to reference from and it needs to be constantly receiving information that will trigger synaptic responses and if Boaz doesn't receive the mental stimuli from Ruth that he is accustomed to, he will look elsewhere for it.

So, it is necessary and edifying to embrace new ideas and concepts perpetually. Not just to contend with Boaz, but for yourself. Once Boaz feels as though his Ruth has become complacent he will feel as though he is stagnating and that is the last thing that Boaz needs, is to feel as though his Ruth no longer inspires him, mentally and or emotionally.

I will reference the story again. Ruth was in a place where she was not in need of Boaz; she was also busy working and helping Boaz to expand his existing business. Ruth wasn't just standing around the property looking pretty waiting for something to happen. Although standing around looking pretty is useful, that only gets the fish on the hook. You want Boaz to be your husband and forever lover.

So while your look has its place in triggering the attraction process of Boaz, it doesn't sustain it. What your looks do is keep Boaz enticed and turned on. We'll talk more about this later as well.

When Boaz discovers Ruth, she is busy and preoccupied with the business of gleaning the sheaves. (Reaping the harvest). Ruth is about the business of improving what Boaz already has. As a result, Ruth gets the Results that she is looking for. Ruth strategically and methodically stages herself in the place that she's been advised that Boaz will be the next day.

Ruth has a purpose for being seen by Boaz; Ruth has an agenda. She isn't just another pretty face; she isn't just the lady in red. Ruth is to become the maternal facilitator of Jesus. Whether or not Ruth is aware of the lineage of Boaz is irrelevant though.

Ruth is aware that she must demonstrate that she can bring value to Boaz's life. She does this by doing her job and working where she is. She does this by making the most of what she has to create and manifest a greater reality. She causes an effect on her circumstances by taking hold of the moment and ceasing the opportunity. The engine for making this work is her faith.

Ruth's preoccupation and her attentiveness to Boaz's fields make an immediate impression on Boaz. He interprets her diligence and her meticulousness as a sign of her dedication and pride in her work. Boaz assesses these characteristics in Ruth as being admirable and also attractive.

Ruth's kinetic and metaphysical energy transcends into Boaz's subconscious and renders itself in his consciousness as being signs of having the potential of being someone who is compatible for him. With every motion and move that she makes she sends signals to Boaz that I am here to please you.

On the surface, it is easy to simply say that Boaz sees this young and fair maiden who he hadn't seen before and is attracted to her. But there is far more to this scenario than meets the eye. And Ruth is far more cunning and determined than the story offers.

By virtue of Ruth's culturing and nurturing in the patriarchal culture that she was born in, she is hindered in proceeding with her agenda that you would today. Ruth's handling of the situation needs to be subtle yet intentional and definitive. She needs to let Boaz know that she means business and that she is also a respectable lady that observes customs and laws.

For Ruth there is a fine line between appearing to be promiscuous and desperate. Which would demonstrate to Boaz that she isn't the woman that will help him to fulfil his destiny. She is a businesswoman. She is a leader. She is a trailblazer. She is a superwoman from Moab. She is a Nubian Queen with the genes of the ancient masters coursing through her veins.

So what happens when you see someone being productive? What is the impression that it makes on you when they are handling business efficiently and effectively? What is your take on where you think they're going in life?

In the case of Ruth, it is imperative that Boaz interprets her as being someone who has tremendous value to him. In your case it's similar to the way that you would perceive the response that Boaz will make to your posture. He will see you and he will notice you when you are about the business of improving yourself.

Boaz will be attracted to you, not just because of the way that you appear physically but his pursuit of you is because he recognizes your efforts as being the building blocks for a sustainable relationship.

You see, Boaz is the marrying type and he has the pick of the ladies around him but he chooses Ruth. And Ruth wants more than a night of pleasure; Ruth wants sustenance and a whole family. Ruth is a wife in the making and she has prepared herself for a life with Boaz.

When you are taking good care of yourself; your Boaz will see you. When you are attending to your personal affairs, Boaz will notice you. When you are taking care of your physical health, Boaz will appear. When you are spending time cultivating your financial portfolio, Boaz will be within your reach.

When you activate and initialise your spiritual life beyond the borders and the customs that you've been taught and become self-aware, Boaz will make himself known to you. When you've meditated and prayed and consecrated yourself, your Boaz will arrive and be ready and equipped to love you.

Every turn that she makes he takes notice of. Every time her head lowers or rises he sees her. Every breath that she takes, he is watching her. And she knows that she has him on the hook. She knows that their destiny is tied together.

He speaks to her with kind words because he wants to convey to her that he is a gentleman and also his compassion. He knows that Ruth is in a tight spot in life. He knows that Ruth is giving it her all just to get by. He knows that Ruth is trying her best and it all makes such an impression on him that he cannot deny her.

When a man sees a woman giving her all he is impressed by her determination and dedication to her cause. Whatever it may be. In Ruth's case it is her attempt to get his attention and to keep it on her.

Boaz is mesmerised and smitten by Ruth. Every move that Ruth makes Boaz follows her with his eyes. Ruth continues to work; she never stops planning, she never stops striving, she never stops considering that Boaz is growing as well.

Chapter: 4) Where to find Boaz

I had the good pleasure of visiting one of my favourite gathering spots in Atlanta (The High Museum), a few weeks ago. It's an event called the Friday Jazz at the high. It's a mixer of many local's and showcases a local quartet. It's always a cool venue to meet and greet people as well as view the artists that are on permanent display.

I noticed how many men that I recognized from church there that Friday night and I wonder how many other influential men were there as well. I couldn't help but notice how many movers and influencers were at this weekly venue. There they all were, many of Atlanta's elite, popstars, attorneys, doctors, financiers, etc. All in one place and accessible.

I considered my posture in that moment as an aspiring writer that desires an audience. I also have some not for profit technology and occupational development centres that I want to launch. And I realised that the people that could make it all happen were potentially right there, that night.

This is one reason why I recommend **cultural gatherings** as an ideal place to potentially meet your God appointed Boaz.

There are other places and venues that I suggest to possibly meet Mr. Right.

Banks: Although much of the functions that one may perform with a financial institution are automated and don't require face to face meetings anymore, there is still the off chance that you may meet a man that you'd like to connect with in a bank.

When you consider the nature of the business that a man would be doing, these days at a meeting with a banker you'll recognize that he could very well be negotiating some strategy for the management of property, assets or land. This would be Boaz in a nutshell; which if it happens isn't a coincidence.

Churchs: A house of worship is a wonderful place to meet your potential husband. However, going to a house of worship with the intention of doing so, isn't the reason to go. Going to a house of worship is for worship, fellowshiping with parishioners and those they need to be introduced to the love of God.

It is the duty of a God loving person to put the needs of those that are in need of God's love and grace to lead them into the knowledge of God's love and grace and not seek their own pleasures.

In any case, the man that is in a house of worship is there in a posture that is a testimony to his willingness to learn and grow spiritually. His heart and mind is open and receptive to being reformed and quite possibly to a new relationship.

Also, by partnering with him you may develop a bond as a prayer warrior and a confidant too.

Bear this in mind, but keep his condition for needing a greater walk and relationship with God, first. As a result, you may very well find yourself in a friendship with him that could develop into an intimate love relationship.

Most churches these days, will have an active singles ministry. That is a good place to start also, to meet and mingle with people.

Grocery Stores: You may think that connecting with your potential mate in a grocery store is fictional and short of a fairytale. However, think about why the man is in a grocery store, to begin with. If he's there alone, he might very well be a single man.

Obviously it may be awkward to you to approach a man in this setting, so this is where your superwoman powers are needed to elicit a way to get his attention.

Gyms: So, you're in a fitness centre and you've been checking out this guy for weeks now. Yet, you haven't made the first move. Maybe you don't think he'd be interested or maybe you think that he's already married. In any case your inquisitiveness persists.

When a man is actively engaged in physical wellness, it is always a good thing. Physical fitness equates to financial wealth in many ways. The possible reduction in health care cost, from being proactive about their wellness can prevent various illnesses and can speed up his recovery time.

This all equates to less capital being expended on the cost of excessive and unforeseen medical bills. Which equates to more capital being retained in your potential family estate.

The man that is aware of the necessity to take good care of his physical body has equipped himself for the future and for having quality of life, which is what you want. Who wouldn't want to be able to walk a mile with your spouse at any given moment, without hindrances or weakness.

Not everyone is fortunate enough to be able to weight train and cardio exercises and if a man is incapacitated your love for him should supersede it. But fitness as a way of life ideally, is what a man that works out typically practices.

This man understands the correlation between physical wellness and the laws of attraction also. So, don't be apprehensive about approaching him; men are visual and if you're there working out in his vicinity, he has likely already noticed you.

Remember; Ruth took the initiative and as a result she won Boaz.

Social Media: There are so many dating platforms available for people to meet each other on that I dare not name one. I would suggest that you choose one that affords you to write your profile in a way that showcases your intellect rather than just your anatomy.

Again, men are visual creatures. I rarely recommend anything beyond fashion, but in this case I think it's a good idea to tastefully display some skin. There is a line between appearing to be overly provocative and being simply alluring and sexy.

Put the emphasis in what you write about yourself, this will give your potential Boaz a window into your personality, your lifestyle and your views about life and your desire for the kind of man that you're interested in.

For this reason, you want to display yourself in the best possible way and that is to write a synopsis about yourself that is attractive and that will appeal to a man's intellect.

Most men can be impressed by your physical appearance. But the question is, is that what you want him to be the most that he is attracted to about you? This is about attracting a quality candidate to you, in a wholesome manner. So, project the image of the man that you want to.

You're trying to get the fish on the hook, and once you do, he will expect what you've presented to him. So don't sell yourself short by not being attentive to what you write in your profile. Also, pay attention to your images. Their quality and the quantity. Ensure that they're not cut off or blurry ones, that make it difficult to judge what you look like.

Also, try to incorporate images that display in social settings. This denotes your ability to be able to mix with people, it also conveys that you as your social capital.

Chapter: 5) Pleasing Boaz

We know from the story of Ruth and Boaz that Ruth had formal experience being a wife and a helpmate prior to being married to Boaz. She would have been aware and would have been accustomed to practising many of the cultural nuances and customs that women from her society would have.

The education and the disciplines that she would have learned in her first marriage would've been invaluable to her in her new marriage to Boaz. By being married previously, a woman has the opportunity to develop many tools and skills that can be very useful when it comes to pleasing her God given Boaz.

One of these vital skills is the ability to keep your husband (Boaz), pleased with you. Now, this isn't about jumping through hoops to keep your man happy, this is about making concessions to be able to surrender yourself to Boaz's needs for intimacy, attention and for emotional support.

A woman who has had a hand in raising a male will understand these kinds of dynamics. She will have had to build her son up after he's lost a game. She will have had the experience of coaching her man-child in the absence of his father. She will have had to console him after he's suffered a loss. She would have had to hold his hand when he was learning to walk.

A man's mother is usually his first and primary reference for learning about interacting with the opposite sex. Considering how close the young man may have been to his mother it is reasonable to conclude that there will be nuances and patterns that are still present in your God appointed Boaz, that are indicative of a man who was close to his mother.

Boaz's mother would have been the first woman that he began to understand, as a female. Boaz would have learned how to communicate his feelings to his mother in a way that is unique to the way that he communicated with his father, as a child. And this communication verbal or non-verbal is exclusively between a mom and her man-child. This is the fabric of the proverbial psycho-spiritual materials that tie and bind him to her eternally.

It is this kind of inherent form of interpretive telepathic dialogue that Ruth would have leveraged with her widow and now with Boaz, to communicate with him non-verbally and verbally to intuitively respond to Boaz's need for attention, intimacy, affirmation and or emotional support.

Ruth recognizes her ability to sooth Boaz's emotional pain with her tender and sweet feminine energy; not dissimilar to what Boaz would've received as a child from his mother. There are so many similarities between what a woman brings to the table comparable to what he's received as youth from his mother during his formative years.

I reference a mother-son relationship and how it grows and expands organically to accommodate a boy's development into a young man. The mother extends her consciousness and her patience is stretched to be able to nurture and to cultivate the characteristics within her man-child that she desires to see being demonstrated in him as a young man and into his adulthood.

She ministers to his soul day by day; establishing the building blocks for the practices that the young man will use in his own intimate relationships, and throughout his lifetime. The mother sets the expectations for what it should feel like to be that close to a woman of his own, in her son's mind. And mothers create the vision of what their Ruth should be to them in their sons' subconscious from the very beginning of their relationship.

And because your Boaz has been cultured and conditioned to feel the warming comfort of his mother's bosom when he's in pain just like a baby, there is a high probability that your Boaz will transfer this codependency onto you. Boaz has been trained to collapse into the healing feeling of his mother's bosom next to his face. Boaz has been taught to expect that his mother's bosom is a safe place to land.

His mother's heartbeat settled him down. His mother's sweet scent disarmed him. The softness of her bosom relaxed him. And his mother's voice triggered endorphins and calming hormones in his brain that flowed through his body and caused him to relax and to sleep.

This is a woman's God given super feminine power over her man and her man-child.

So your God appointed personal Boaz show's up in your life, 40 years later having been divorced, and having endured and absorbed the pain and the trauma's that comes with being a Nubian man in the West. He brings his baggage; he brings his history, his patterns, his habits, and he brings his need to feel the comfort of your bosom as his personal sanctuary.

You're not his momma. You're not his girlfriend.

You're his wife. You're his proverbial Ruth.

And he longs to feel the comfort of being close to your very special feminine energy that he has grown accustomed to as a youth and as a married man. He needs to feel you next to him; he needs you to patch him up and send him back out into the race. Just like that kid who fell off the bike, and ran into his mother's arms, crying like a baby.

Boaz's identity is tied to his flourishing relationship with his wife. His success in business and interpersonal relationships is as well, and it is your responsibility to reinforce and to fortify his male super powers and strengths.

One sure way that you can strengthen Boaz and to ensure that he is equipped with the psychological and emotional tools that he needs to conquer the world, is to comfort him with your special feminine energy.

Your power to channel your man's strengths day to day can be directly influenced by your super feminine powers. Your ability to trigger the inherent yet dormant competencies that your Boaz has is innate within you. You simply need to embrace them and learn to use them.

Boaz is like butter in your hands when you know how to use your super feminine powers.

Remember the aforementioned illustration of the baby on his mother's womb? Now picture yourself in the same capacity. No, your husband isn't a baby. He is your husband. However, when you become aware of your ability to control the pulse of your relationship with your husband through leveraging the comforting power of your bosom you've stepped into the realm of the supernatural.

You are functioning beyond the normal framework of your culture and your traditions. You have chosen to allow yourself to be submissive to your husband's intimate and emotional needs; intuitively, by using your mind's eye.

So let's take a deeper look at what being submissive to your husband really means in the context of this chapter. Allowing yourself to be yielded to your husbands needs for intimacy and emotional support is ideally, a practice that becomes a mode of operation that you function in, normally and regularly.

This will be a challenge for the woman that doesn't have a man in her life that she trusts, loves and feels covered and protected by. But for the sake of the discussion, we'll assume that you are good with learning how to lean into and how to leverage your naturally engendered feminine super powers to care for your God appointed Boaz.

After all, you've waited for him. You've prayed for God to send you a husband who will cover you and who will cherish you.

So now you have him, and he needs you. Metaphorically speaking, he's the little boy who's just fallen off his bike. Imagine him as being that kid who's just lost a game after giving it his all. See him as the young man whose heart was handed to him on a plate having been stamped on by the girl that he loved.

Try to see your Boaz as that kid who's just gotten a black eye in front of his girlfriend. Now envision your baby boy sick and struggling with an illness or from an accident.

Now, Imagine Mary witnessing her baby boy on the cross, bleeding and dying.

I wonder what Mary wouldn't have given to be able to hold her baby boy in her arms, kiss his head and tell him that all will be okay. I recon Mary would have put everything that her baby had done that made her upset with him over the years, in that moment. I believe Mary would have only wanted to hold her baby close to her bosom to offer him the safe soft place to land, that he'd known as a baby and as a young boy.

Your challenge to your husband's proverbial Ruth is to remember that your God given superman is still a human who makes mistakes, but that he also loves you. He's in your life to serve you. And that he's been appointed to comfort you and to cover you. And that he can also become frustrated with you and lose his cool and composure sometimes.

So, what will you do when you're mad at him? What will you do when he's offended you? What will you do when he's let you down?

Will you reject him and turn away from him, denying how he's loved and comforted you? Will you forget all of the times that he's shared with you simply listening to you and being confident? Will you listen to the negative voices in your head, or will you seek wise counsel on the matter? Will you pray about it?

Will you stay in your funk just to teach him a lesson? Will your pride and ego prevail over your humility and love for him? Will you do what God would do, despite him not behaving Godly? Will you make the effort to get past it all, because your Boaz is also hurting from the offence that he committed?

Will you continue to blame and to convict him, knowing that he's repented and asked your forgiveness? Will you maintain your anger and resentment, rather than try to help Boaz with his guilt?

Will you stick the knife deeper into his soul for the sake of being mad and to make him feel your pain? Which is what you're doing, when you turn your love and your body away from him.

This is the challenge. This is the test.

And that is that you honor your commitment and your VOWS.

For better or for worse.

How soon you've forgotten. How soon you've gone back on your promise to love him for richer or for poorer. How soon you've tossed aside his attempts to push through his own frailties to care for you in his own weakness. Although Boaz has told him that he's sorry and you know that he feels remorse and that he doesn't want to cause this kind of a rift again. You that your husband is contentious. You know that he will try to prevent it from happening again.

But you have so quickly disconnected yourself from being the loving and understanding tender woman who had your God given Boaz's head in your lap, just hours before. Now, you've turned away from him and shut off your light from him like an eclipse.

You've discarded the memories of your God given Boaz praying with you. You've thrown away the times that your husband stayed with you and held your hand and comforted you when you needed him the most. You've killed the memories of how he was your coach and your biggest fan and how he cheered you on.

Now, you've cut your husband off from his life, giving substantiating love and tenderness, which are his balance and his identity. You have removed his Ankh. And only you can restore them. Only you can recreate the environment for your Boaz to receive the refreshment that he needs by being enveloped in your bosom.

This is what Boaz needs to go into the business meeting that he has this morning. This is what Boaz needs to be able to communicate effectively with his superiors. This is the source that Boaz derives the flow to convey to his direct reports that he is a capable and a competent leader. This is the fresh start that your husband needs to be able to talk to and to lead your children.

Boaz needs your tenderness to be displayed to your son who needs your guidance and both parents to be on one accord right now. Your son, your children need to see what it looks like for a couple to be in harmony and in love. Your son needs to see what it looks like for a woman to give in, when it's the right thing to do, for the sake of the relationship and for God sake.

Don't you remember that the tests and trials that you're presented with in your relationship are designed to fortify you and sanctify you? How do you miss this? How do you not see that what is happening is a golden opportunity for optimization?

Don't you know that division, derision and separation are exactly the spirits that the enemy wants you to host and entertain?

Do you not comprehend that if Boaz and Ruth don't work through their challenges, Jesus isn't born?

This is the point; that there is so much more riding on your relationship than what you see on the surface. Which is largely a perspective that is driven by your emotions and feelings.

What if Jesus operated solely in his feelings? What if God turned his back on humanity, because of the hurt that we've caused him to feel in our rejection of him?

But alas, you've forgotten what you were like before Boaz's help. You've advanced and you no longer need Boaz's insight. And you don't have time to stop and to suckle that little boy who is before you, in the form of a grown man who's made you mad. You've lost the desire to experience the trade off of feeling so good about being his woman, because you're mad at him. As a result, God's will doesn't get accomplished in your family.

Are you less strong because you've humbled yourself to kiss him when you're mad at him? Are you less of a superwoman because you allow your husband to lye his head on in your bosom, when you're angry with him? And what lesson are you teaching your children, grandchildren now? Is this the legacy that your grandparents and your ancestors have taught you?

Forgive Boaz, for God sake.

Chapter 6: Boaz is not your former man

When becoming normalised in your relationship with your God given Boaz, it is important that you make the conscious effort to try to not equate his actions with your previous man. The main thing that they have in common is their gender. So, while it's easy to make the mistake of doing so, it is vital that you try not to equate anything that your new God given man does to that of your former relationships.

Boaz's personality, his lifestyle, his methods of earning an income, his education, his communication styles, his physical condition, his childhood upbringing, his political affiliation, his religion, etc., may be entirely different from your previous man's. So, he deserves the opportunity to be viewed and experienced with a fresh lens and an open mind and not the same way that you have with the previous men in your life, that may have left a bad taste in your mouth, that caused you trauma, that were dead beat dads, etc.

For these reasons and possibly many more other reasons that could be totally unrelated to your Boaz, you don't want to make the mistake of putting Boaz in the same box as your previous man. You don't want to compare him with your previous man. He simply isn't the same person at all.

All too often you may inadvertently and or intentionally put them into the light, but it's not fair to do that. Just as you are different from the next woman, so is your God given Boaz. Not to mention that Boaz is anointed by God just for you. How can he be compared with your previous man, the man that it didn't work out with?

You must resist the temptation to blame your God given Boaz, for the emotions and for various bad feelings that stem from your experiences with your previous mate. Don't allow those internal voices that play out in your mind that are only there to distract you from having anything but harmony and peace in your home. Disregard the inner dialogue and all that self chatter that comes to impede your progress and blessings that are yours by covenant, between you and your God given Boaz.

Following the old modus apparatus within your new life with Boaz, is essentially short selling yourself and your new love short of all that you both experience together. This is a new day and there is a fresh anointing from God for you to prosper with him. So why carry on with the same old program. Likely, the same posture that may have contributed to the demise of your previous relationships.

“Old things have passed away and all things are become new.” Now that you are made new and have been blessed with the relationship that you prayed for, why practise the same methods that didn't prosper, before. You have an opportunity to reinvent yourself, through your relationship. You and your God, given Boaz, have the chance to become so much more than what you could have ever imagined through the blessings that are tied to this new love that you found.

I can recall saying to my love at the time, “do I have permission to let go of my past and totally immerse myself in our love and in our new life?” This was what I wanted and what I desired and that was to be allowed to give my all to our new life and to let go of the things and patterns that were so pervasive in my life that had led to my failures in relationships and in life in general.

I knew that I'd crossed over into a new dimension with her. I knew that the relationship marked the beginning of a turning point in my life. I knew that I was receiving beauty for Ashes, the Oil for mourning. And I knew that I had spoken the thing into existence that I'd longed for, meditated and prayed for.

This is your season, this is your appointed time to move forward and to take hold of your blessing. In the same manner that Ruth did; with poise, dignity and an awareness that she could have Boaz. Ruth understood that Boaz had the capacity to shift her life into financial prosperity. But she couldn't have known how important the marriage was as it pertained to God's plan.

I'm not suggesting that you ought to concern yourself with changing the world, or becoming the direct bloodline of the lineage of one who is going to be the saviour of the world, however how do you know your Boaz, isn't going to lead a nation out of the darkness that exist in our world, evoke positive change, or simply be the best man that he could be by being your husband?

Ruth couldn't have perceived that Jesus Christ was to be a direct descendant of hers, she was preoccupied with the role of being Boaz's wife. Which was enough of a job in itself for her and is a tremendous role for any woman to assume. But in Ruth's era and culture the significance of what it meant to be a wife was equated to her value as a woman.

This is a perspective and a pervasive ideology that can be used to relegate women to a less influential posture and has throughout history; and it's a pervasive ideology that I loathe. However, in the context of the narrative, Ruth is being her very best and doing what she believes that she intended to do.

She has had the blessing of being remarried after becoming a widow and now being wed to a wealthy landowner who has chosen her to be his wife. In her mind and in her heart she knows that she has the favor of God.

Not every woman can walk in the joy of knowing that they have the favor of God, through their marriage. But, the question is, is this a state of mind? If this is an awareness that you choose to adopt and to embrace, then why wouldn't the blessings fall upon your marriage, as well?

So, what if this is your time to have children for the first time? What if this is your chance to shine as a bonus mom? Will you agree with the negative vibrations of your past to impede your progress with your new family, with Boaz?

It isn't your sole responsibility to break the curses left from the divide and conquer practices that have plagued our families for centuries. Neither is it the job of any other woman alone to do so. You're not accountable for saving the world but you can make a difference collectively and set an example for others for how to live cohesively and in harmony with your husband. Which is God's will for you and for all families.

The past is the past.

**We cannot undo our mistakes,
but we can make better choices now.**

Make it work! Make it work! Make it work! Make it work!

Ruth realises that she has the opportunity of a lifetime and she knows that it hers for the asking. And so, that is exactly what she does; she asks Boaz to receive her; to cover her. Not only does Ruth take the personal initiative to make the first move, once she has sealed the deal, she now has to do the work that is required to become the wife the Boaz needs.

Not only to fulfil his destiny as David's great grandfather but also be able to live out his days as a fulfilled and satisfied man of God in holy matrimony with his wife. For Ruth to be able to do this she must make the relationship work for her and for her new husband, Boaz.

Perhaps the pain of being a widow would have contributed to Ruth's ability to assimilate into becoming Boaz's wife. Maybe the socio economic challenges that existed for her and women in her situation incentivised her to find ways to make her marriage with Boaz work, in marriage. Or the awareness that this was a hand made blessing carved out for her by the very hand of God gave her all the reasons in the world to work on her relationship with Boaz?

After all, this was a ready made marriage that neither partners had time to prepare for. However, in their hearts and in their minds, they both knew that they could and that they would work it out. Could it also have been that Boaz wanted to make the right impression on his subordinates or colleagues? He could have felt that he'd run out of time and needed to finally marry? Who knows?

What we do know is that whatever the prevailing influences were in their decision making to marry, Boaz and Ruth execute on them, marry and they make it work. They do what it takes to make their relationship, marriage work. Despite their cultural differences, despite their ages differences, despite the significant differences in their finances they make it work together as husband and wife and ultimately as a family.

I personally believe Ruth borrows some wisdom from her mother in law and listens to her. She may have learned a thing or two about marriage from Naomi, as well. In any case, both women offer excellent examples of what it means to commit, to submit and to produce fruit.

The decisions that Ruth and Boaz make to marry trigger the beginning of the manifestation of the Messiah's entrance into humanity. Who knows what your adherence to God's word, his will and your service to your God given Boaz will render? At the very least the hope is that your Boaz will reciprocate and love you all the more and that you will please God, fulfil his will and break the curses, losses and pain that are consequences of divorce.

Chapter: 7) Stepping into your femininity.

I was talking to a friend recently about the dynamics of why a woman would by default feel as though she always has to be the boss and the leader of the pack. She told me that most of the time and more often than not, the woman has had to live this way and oftentimes as a result has assumed that this is her lot in life.

I understood what she meant having encountered so many women, my own mom, cousins and sister included who've had to do it all. I've been close to many women who have simply given up on the possibility of being in a flourishing relationship where they are valued, loved, appreciated and don't have to do all of the work themselves.

I considered more deeply why they have had to as a pattern and as an adopted way of life and I used my mother as an example; (God rest her soul). She did what she could and she did the very best that she could with what she had and with the insights and the resources that she had at her disposal. My mom was also the product of a single family household, who was raised by a mother who was considered over the hill, also.

From what I've learned as a child from my grandmother, my grandmother was raised and cultured by a very actively engaged father who was a rather progressive thinker for the era that he lived in. His father, my great great great grandfather, was an x-slave. I've heard stories about my great grandfather's entrepreneurial spirit and his industrious character. I knew that a lot of my grandmother's culture was a result of growing up as a daughter of a wealthy man.

I'm certain that the nurturing and the examples that my great grandfather displayed to my grandmother during his lifetime greatly influenced the way that she did the things that she did that I observed over the years of my childhood. Looking back on many of her patterns I realise that my grandmother was a daddy's girl, in every sense of the cliché.

My grandmother grew up in a relatively sheltered environment but her world was also affected by the great depression, racism and condescension towards women. I believe that these factors and many others contributed to many of the cultural nuances that she'd adopted.

One thing that stands out to me about my grandmother is that she never learned to drive. Neither did her eldest daughter. Because everywhere that she ever needed to go, her father would take her. I remember my grandmother telling me how she wasn't allowed to even have a door key until she was 21.

This was my great grandfather's way of maintaining, controlling and protecting his daughter. I see this now as micromanaging and impractical in today's society. It is the polar opposite of how my daughter and her peers have been cultured.

The fundamental values and customs that my grandmother learned could be interpreted by women today as being patriarchal, archaic and even irrelevant. They might also be compared to the customs of those butchers in Afghanistan who kill women for attempting to go to school. Or the Saudi men who wouldn't let Saudi women drive until 2018. Or the Iranian men who imprison women for their displays of affection to their husbands in public.

Now, I don't equate any of these sadistic men's behaviour in any way to my great grandfather. My grandfather was only doing what he believed to be right and who am I to judge? But, I'm of the opinion that in some ways he handicaped my grandmother.

But, what he was also teaching my grandmother was how to be open to and how to receive love from a man.

In any case, whatever the sentiment and practices of misogyny and marginalisation of women in the United States was during my grandmother's day, was shattered at the advent of WWII. Women were engaged in the war effort and were the backbone of the country. Ironically, African American women had already given they're to the country. In ways that were degrading, demoralising, inhuman and ungodly. Right down to the milk from their breast to their masters babies.

Today, thank God and the voices and blood of many women before them we have women in the Supreme Court and the Oval Office. Not to mention the single mom's that give it their all day after day making a difference in their respective parts of the world, collectively who go unnoticed in the corporate sector, the armed forces, etc., just as my mom did.

So what does any of this have to do with a *woman stepping into her femininity*? I drew these correlations to demonstrate the differences between the imbalances that exist when there are disproportionate sets of values in the minds and in the hearts of many women that have been planted in them by the same kinds of men, in the aforementioned verbiage.

These are the same kind of hypocrites that would have stoned the woman for adultery, that Jesus called out. The capitalist west has taught women how to become **inordinately independent**. Now, I am in no way stating that a woman shouldn't be as qualified and as fortified as she can be to sustain herself and to create channels for other women to replicate her successes.

Contraire, I hate the disparities and the differences in pay and opportunities that are reserved for men only, right down the pulpit in some denominations.

Clearly, there is nothing wrong with achieving and living a life that is this comfortable and that others desire. The challenge for a successful, established and independent woman is to recognize when there's a harmonious way to live with God and your husband and there's an inordinate way to live with God and your husband.

The point that I'm drawing here is that there is a possibility that when a woman has had to maintain her own well being while taking care of children and perhaps attaining higher education and requisite professional certifications and designations, there could be change in her perspectives about the way that she views how her intimate relationships, or she may sometimes that it isn't even possible to coincide with her career aspirations.

This preposterous notion is one that was birthed in hell and fostered by post Civil War descendant terrorists in the supreme court who have propagated these ideologies into the hearts and minds of women in America. The agenda started with the middle passage and is still pervasive now. It is the hidden agenda to control women and their families. (Divide and Conquer).

Its latest disguise of the agenda is the overturning of Roe. V. Wade. It is nothing more than a modern day manifestation of a plantation owner controlling when his property can have more children. It is the design and manifestation of the G.O.P. 's vision of a new country that excludes people of colour and women.

So what does it mean for a woman to step into and to embrace her femininity? Basically it is the ability for a woman to admit to herself that she is designed to be coupled and in covenant with God, through marriage to her husband. A man. It is the adherence to the natural and inherent desire to be in an intimate relationship with a man and with God. It is the awareness that women have sometimes been brainwashed into believing that they don't need a man to be fulfilled in life by the West and by Capitalism.

This harmony flow and balance essentially comes about when a woman is able to recognize that she has been divinely crafted and engineered by God with supernatural talents and gifts to be able to love and serve God, and her family.

She learns and understands this from listening to the still small voices that are knowledge, understanding, wisdom and love speaking to her through her mind's eye. Those right spirits speak to her through her subconscious and they show her that she is empowered to love her man, and that she is no less of a super woman because she chooses to receive love and or help from her man.

But how is the woman who is strong enough to allow her emotions and natural desires to surface to draw a man to herself, as Ruth did, *shallow*? How is it that she is ridiculed for wanting to be married? Where do those narratives derive from? It all comes from the same place that the men that called the woman an adultress that was likely just trying to feed herself, cloned it from.

It was their most effective way to get a woman to believe that her man is incapable of caring for her, which was to degrade her in the presence of her man. This practice would set a ball in motion that has been rolling and spreading through the subconscious of black men for centuries. They did it when they raped their wife's night after night, then sent them back to their cabins to be together.

What happens when you do this repeatedly to a woman? It sends a signal to her consciously, that she is only property to master to use as he pleases and that her husband cannot protect her, as well. It sends a shock wave of negative vibrations that stop the flow of endorphin and dopamine streams. It paralyses creativity and makes her numb to the emotions and love that she once had for her husband.

This systematic approach to controlling people of colour is as old as the practice of legalised slavery itself. It has permeated the subconsciousness and nervous systems of people of color and has continued to transcend into their generations; upon generation.

So how is a woman living in our day supposed to be able to allow herself to be vulnerable to a man intuitively, when she has had to contend with so many innumerable socio economic challenges and cultural dynamics that exist in her world, from the cradle to the grave?

How would a woman feel naturally able to disarm and to allow a man to care for her and to handle things for her, when she's been doing it all alone and for so long?

How can a woman learn to let a man help her with things that are great and small, when she's been conditioned not to focus on her family but to just focus on the aspirations of the average American? (The American Dream).

And how might the daughters of the Nile who were brought to America, these Buffalo soldierettes, adjust to slipping into her femininity with her God given Boaz, when they see their son's, brother's, fathers, uncle's, nephew's, colleagues, pastors, deacons, etc., slain in the streets routinely? When having become desensitized to the modern day lynch mob's that perpetuate it.

And how does a woman of color become so easily able to disarm and let herself go and let down her guard to a man of color when she sees them murdered in the streets of her neighbourhood, regularly? And how would a woman of color regain trust in a black man with the management of her children, when she's been taught that black men are incapable of being good fathers?

Her ancestors were taught that at the advent of the middle passage. As a practice, they'd rip their children from them and sell them off to the highest bidder. Which would trigger emotions and hormones in their brains that were destructive and disruptive to their nervous systems.

These instances and the witnessing of unspeakable incessant acts of violence can create new neurological pathways that became embedded into the subconscious and have been replicated over and over again and transferred into their D.N.A.

Another reason why a woman may have trepidation in trusting her man fully is because she may sense that his expectations are different from hers. In some cases the man may offer a service or a favor, and expect intimacy in return for his time and effort. But the woman may only want to receive the gift or goods, without the strings to go along with his help.

In this case the line between the man being the service provider can be viewed by a woman as being someone who simply wants to take advantage of her. There are lines between gifts, loans and payable services. But sometimes the lines get skewed and the misinterpretation can become a reason why a woman wouldn't be able to open herself up to a man.

There is no straight or single answer for how a woman would be able to give her trust to a man when she's experienced trauma. It often is and likely should be addressed by a professional counsellor who can offer the kind of assistance and guidance that these conditions often require. When a woman or a man has developed P.T.S.D., it certainly warrants help from professionals.

Through prayer, meditation and peer support women can learn to let go of their pains, apprehensions and possible aggression towards men, who don't who don't always demonstrate emotional intelligence, over time and by learning to extend grace to their men.

To undo the damage that was done through the middle passage, slavery, exclusion, objectification, misogyny and racism will take centuries, reformation and reparations, also. To remedy the damage will require an awakening and a transformation of the way we've been cultured to view ourselves and our race, *to adopt a new philosophy about who we are; the direct descendants of Ancient Nubian Cosmic Royalty.*

It requires a complete makeover of the way that we see ourselves to undo the scars and the misconceptions about Nubian males that have been ingrained into our psyche; nothing short of downloading new mental, metaphysical D.N.A., into our brains to reconfigure and short circuit the hard wiring that is a result of cultural traumas that have transcended into generational curses.

Then, our women would be able to naturally coalesce with her Nubian King again, who was fashioned and appointed just for her, by God himself. Then she will be equipped to normally respond to a brother without the inherent distrust that is prevalent among many women, while learning to put away their proverbial penises.

Once we have created a new frame of reference to draw from for how we view black men, then our women will easily connect with her God given Boaz and walk into the love and the harmony that was already there, yet unable to be perceived because of the mental blockages that impede our telepathic abilities to communicate through the mind's eye.

There is much to be said about Yoga and Zen Meditation in this regard. Ruth understood that she had to meditate and pray on the opportunity that had been presented to her by her mother in law, Naomi. She would have gone into her proverbial prayer closet and perhaps conferred with her ancestors also, to align herself with God's will.

Ruth would have had to do a lot of soul searching to begin to change the way that she saw Boaz, to be able to allow herself to be so vulnerable to him. Ruth would have had to have her ideas about what relationships are supposed to be as well as the one that she'd already had, away on a virtual shelf. She would have had to step into the new relationship with her God sent Boaz with fresh eyes and with a new perspective on marriage, while maintaining the necessary customs that were required of her day.

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